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| OFFICE OF APPRENTICESHIP  BULLETIN | **NO.**  2022-126 |
| **DATE**  September 6, 2022 |

**TO:** NATIONAL APPRENTICESHIP SYSTEM STAKEHOLDERS

OFFICE OF APPRENTICESHIP STAFF

STATE APPRENTICESHIP AGENCIES

**FROM:** JOHN V. LADD /s/

Administrator, Office of Apprenticeship

**SUBJECT:** New National Standards of Apprenticeship for Starting Strength Gyms.

1. **Purpose.** To inform the staff of OA, State Apprenticeship Agencies (SAA), Registered Apprenticeship program sponsors and other Registered Apprenticeship partners of the New National Standards of Apprenticeship for Starting Strength Gyms.
2. **Action Requested.** This bulletin is being provided to OA staff for informational purposes only. The Region IV, Regional Office will be responsible for maintenance and technical assistance regarding this program.
3. **Summary and Background.**
   1. Summary – These new National Standards of Apprenticeship, submitted by Mr. Ray Gillenwater, President on behalf of Starting Strength Gyms, were processed by Hughes McLean and approved by the OA Administrator on August 29, 2022.
   2. Background –

***NPS Background -*** National Program Standards of Apprenticeship are programs that are registered by OA on a national basis and that consist of occupational standards which: (1) are developed and sponsored by an employer, national trade or industry organization, labor organization, educational institution, or consortium; (2) are demonstrably national or multi-State in their design, suitability, and scope based on consideration of the National Program Standards criteria (detailed below); and (3) comply with the regulatory requirements contained in 29 CFR Part 29 and 29 CFR Part 30.

1. **New Program Standards.** These new National Standards of Apprenticeship for Starting Strength Gyms for the following occupation will be serviced by Region IV, Regional Office of Apprenticeship:

Exercise Trainer

(Existing Title: Master Fitness Trainer)

O\*NET-SOC CODE: 39-9031.00

RAPIDS CODE: 3027CB

Training type: Competency-based

1. **Inquiries.** If you have any questions, please contact Jon Lavin, Apprenticeship and Training Representative, Region IV, Regional Office of Apprenticeship, at (281) 228-5630.
2. **Attachments.** None.